

# RASPORED LEVEL UP TRENINGA

PONEDELJAK	UTORAK	SREDA	ČETVRTAK	PETAK	SUBOTA	NEDELJA
10:00 – 10:45 <b>KANGOO</b>	10:00 – 10:45 <b>CIRKULARNI</b>	10:00 – 10:45 <b>KANGOO</b>	10:00 – 10:45 <b>CIRKULARNI</b>	10:00 – 10:45 <b>KANGOO</b>		
17:30 – 18:30 <b>LOWER BODY / ABS</b>	17:30 – 18:30 <b>UPPER BODY / ABS</b>	17:30 – 18:30 <b>TOT. BODY / STRECHING</b>	17:30 – 18:30 <b>LOWER BODY / ABS</b>	17:30 – 18:30 <b>UPPER BODY / ABS</b>		
18:30 – 19:30 <b>UPPER BODY / CORE</b>	18:30 – 19:30 <b>LOWER BODY / ABS</b>	18:30 – 19:15 <b>UPPER BODY / CORE</b>	18:30 – 19:30 <b>LOWER BODY / ABS</b>	18:30 – 19:15 <b>UPPER BODY / CORE</b>		
19:00 – 20:00 <b>BOOTY / CORE</b>	18:30 – 19:00 <b>TJUB</b>	19:00 – 20:00 <b>BOOTY / CORE</b>	18:30 – 19:00 <b>TJUB</b>	19:00 – 20:00 <b>BOOTY / CORE</b>		
19:15 – 20:00 <b>KANGOO</b>	19:00 – 19:30 <b>TRAMPOLINE</b>	19:15 – 20:00 <b>KANGOO</b>	19:00 – 19:30 <b>TRAMPOLINE</b>	19:15 – 20:00 <b>KANGOO</b>	19:00 – 19:30 <b>TRAMPOLINE</b>	19:15 – 20:00 <b>KANGOO</b>